

eSafety Advice for Parents and Guardians



What is eSafety?

eSafety is the safe and responsible use of technology. One of the main applications of technology that young people use today is the Internet. It is easier than ever for us all to access the Internet; young people access it in a variety of different ways, including smart phones, games consoles, PCs and laptops and tablets. The Internet is an undeniably valuable tool that is commonplace in our everyday lives, however it comes with risks. These risks are well publicised and are not exclusive to younger learners.

Staying safe online is an increasingly complex issue, Hereford Sixth Form College is committed to educating and supporting students in eSafety matters. All students follow an eSafety education programme whilst studying with us and have access to a variety of resources, support and advice on eSafety matters.

The information contained within this page is designed to be a point of reference for eSafety resources for parents.

Reporting eSafety Issues

If you have any concerns about your son/daughter/ward's online safety please contact their Director of Studies or the College's designated Safeguarding lead, Helen Moxley, on the College number 01432 355166.

Local Police

If you need immediate help, have serious concerns outside of college hours or have an emergency, contact 999 or your local police

- Hereford Central neighborhood policing team - 01432 346719
- Find your local policing number through the following web link:
<http://www.police.uk/>

CEOP

CEOP are the UK Child Exploitation and Online Protection Centre which is part of the UK law enforcement. Online concerns can be reported to CEOP.

"We [CEOP] help children stay safe online. Has someone acted **inappropriately towards you online, or to a child or young person you know?** It may be sexual chat, being asked to do something that makes you feel uncomfortable or someone being insistent on meeting up. You can report it to us below". Reference: <http://www.ceop.police.uk/safety-centre/>

You can submit a CEOP report through accessing the following link:

<https://www.ceop.police.uk/Ceop-Report/Ceop-Report-For-Someone-Else/>

Useful Parent/Guardian Guides

Childnet

<http://www.childnet.com/resources/know-it-all-for-parents>

- A great interactive presentation produced by Childnet, a charity working with children and young people (3-18) parents, carers, teachers and professionals promoting and educating online safety.

‘At the heart of all our work is the belief that when used properly the Internet is a wonderfully positive tool for children and young people. We strive to take a balanced approach, making sure that we promote the positive opportunities, as well as responding to the risks and equipping children and young people to deal with them’. Reference <http://www.childnet.com/what-we-do>

<http://www.childnet.com/parents-and-carers>

- An excellent webpage that has a variety of resources specifically for parents and carers, including what you need to know, what to do if you need help, hot topics and a useful glossary.

UK Safer Internet Centre

<http://www.saferInternet.org.uk/advice-and-resources/parents-and-carers>

- UK Safer Internet Centre is an EU funded project that aims to empower and protect children and young people when using the Internet. The website has a useful parent’s and carer’s page covering issues such as parental controls, parent’s guide to technology, advice and resources.

Thinkuknow

<http://www.thinkuknow.co.uk/>

- A useful website that is managed by the Child Exploitation and Online Protection (CEOP) Centre that is part of the UK law enforcement. CEOP consist of industry specialists/professionals who work alongside police officers in promoting online safety and eradicating abuse of children. It is important to note that, due to funding, the resources contained within this website are aimed at 5-16 year olds, however it contains many useful and informative resources that apply to all young people and their parents/carers.

Social Networking

<http://www.childnet.com/ufiles/Young-people-and-social-networking-A.pdf>

- A comprehensive, easy to read guide that addresses the safe and responsible use of social networking sites.
- Guidelines have been issued to all students at college and can be found within their student diary

Facebook

Facebook Security Guide

- Facebook's latest guide to security settings, includes advice and help on scammers, clickjacking, avoiding scams, monitoring account activity and keeping your account safe and secure. Copyright: <http://creativecommons.org/licenses/by-nd/3.0/>
This can be located on the Parent and Guardian page of the college website.

<http://www.saferinternet.org.uk/ufiles/Facebook-checklist-Aug2013.pdf>

- An excellent easy to read up-to-date guide to controlling and managing content and privacy on Facebook.

Twitter

<https://support.twitter.com/groups/57-safety-security#>

- Twitter safety and security that includes a useful section on 'Safety tips for parents' and 'Safety tips for teens'

Cyberbullying

Cyberbullying is when someone uses technology, such as the Internet or a mobile device to bully others. Reference: <http://www.childnet.com/parents-and-carers/hot-topics/cyberbullying>

<https://www.thinkuknow.co.uk/parents/Secondary/Risks/Cyberbullying/>

- Useful information and advice on Cyberbullying, including an easy to watch video clip. Although this site is aimed at 11-16 year olds it contains useful information that is relevant to all young people.

<http://www.childnet.com/parents-and-carers/hot-topics/cyberbullying>

- Useful tips on how deal with Cyberbullying

Sexting

- 'The term 'sexting' describes the use of technology to share personal sexual content. The content can vary, from text messages to images of partial nudity to sexual images or video. This content is usually created to be sent to a partner, but can be between groups and can use a range of devices, technologies and online spaces. Photos and videos are often created via webcam or smartphone camera, and are shared on social networking sites'. Reference: <http://www.childnet.com/parents-and-carers/hot-topics/sexting>

<http://www.childnet.com/ufiles/So%20you%20got%20naked%20online.pdf>

- A great easy to read practical guide designed for young people that is also useful for parents and carers.